

DAY'S OF ENDURANCE IN ICELAND

These days combines Icelandic nature and hard core action that takes you to the limits.



Arrival Day

Day 2: Extreme Trail Running

The first endurance is the ancient route from Hvalfjörður to the famous National Park, Þingvellir. The route is 16km long, located in a spectacular location surrounded by mountains, waterfalls (includes the highest waterfall in Iceland, Glymur 198 m.) and changing scenery. The elevation route is about 450 m.

Day 3: Swimming in the Ocean

Swimming in the arctic Atlantic Ocean is something to remember. The guided swim is outside a geothermal pool in Reykjavik in the cold sea. Temperature varies from -1.8 to +16 Celsius depending on the season. The distance is up to 2000m depending on conditions. We provide neoprene hoods, gloves and socks. After the swim we relax in the geothermal hot tub.

Day 4: Day of Endurance with BootCamp

The training methods of BootCamp are known to get people into the best shape of their lives, but to do so you have to have a dare to take your body a little bit further than the mind tells you. BootCamp trainers will help you to get to this place. On this day members get the chance to know the trainers from BootCamp Army Training Camp, up close and personal. We travel by bus to different locations and do some hardcore exercises in the Icelandic nature.

Day 5: Day of Choice

Breakfast at your hotel and a day of choice. Shopping and sightseeing in Reykjavik or even select activities from AdventureBOX.

Departure Day

Available on the following dates:

July 10th till 15th and September 11th till 16th = Price pr person sharing a double € 860, staying at Hotel Reykjavik or Grand Hotel Reykjavik, Supplement for single € 200, supplement for staying at Hotel Reykjavik Centrum € 125

November 6th till 11th, December 11th till 16th, January 15th – 20th, February 15th till 20th, April 2nd till 7th

Price pr person sharing a double € 710, staying at Hotel Reykjavik or Grand Hotel Reykjavik,

Supplement for single € 150, supplement for staying at Hotel Reykjavik Centrum € 100

Included in rates, bed and breakfast for 5 nights & activity program as above. Not included transfers from airport and activities on "day of choice"